

# Coaching in the Workplace

## Introduction

It is simple for a leader to offer comments and become involved when the solutions are obvious. However, it is much more empowering to let people develop their own tactics and come up with their own solutions. Your staff members require space to develop and make mistakes without feeling pressured. That is what coaching can accomplish.

The objective of this programme is to define what coaching is and differentiate from other methodologies, demonstrate and adhere to the reference of International Coaching Federation (ICF) core competencies in coaching, and create action plan to be referred to and utilized throughout coaching journey.



\*For the complete course content and quotation, please reach out to us at [info@irs-training.com](mailto:info@irs-training.com) or [kavitha@irs-training.com](mailto:kavitha@irs-training.com).

## Key Learning Outcomes

By the end of the course, participants should be able to:

- Describe coaching.
- State the benefits of coaching.
- Discuss the difficulties of coaching in the workplace and overcome them.
- Apply coaching methodology to coach for better performance in the workplace.

## Duration

1 Day

## Target Participants

Management Teams - Middle and Senior Managers, Team Leaders, Supervisors, Senior Executives, Team Leaders, Officers, Executives, and staff members